PLANT FACT SHEET

Cephalaria transylvanica (L.) Schrad. ex Roem. & Schult.

GENUS *Cephalaria* **FAMILY** Caprifoliaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked and eaten.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

NOTES

Also put in the family Dipsacaceae.

REFERENCES

Kaliszewska, I & Kolodziejska-Degorska, I, 2015, The social context of wild leafy vegetables uses in Shiri, Daghestan. Journal of Ethnobiology and Ethnomedicine, 11:63

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a5b8057c-3d50-4f02-96b1-099687c7a1e0