PLANT FACT SHEET

Pentanisia schweinfurthii Hiern.

GENUS *Pentanisia* **FAMILY** Rubiaceae

COMMON NAMES Common pentanisia

EDIBLE PARTS AND USES

Edible parts: Leaves, Flowers, Vegetable

The leaves are cooked and eaten.

DESCRIPTION

A small herb. It is erect and branched. It grows 25 cm tall. It grows from a fleshy root stock. The leaves are simple and borne in pairs. The leaves are oval and taper to the base. There is no leaf stalk. The leaves are about 2.5 cm long. The flowers are in heads. They are tube shaped and small and blue.

HABITAT

A tropical plant. It grows at high elevations in Malawi. It can resist fire. Fire is probably needed to stimulate flowering. In Zimbabwe it grows between 800-2,250 m above sea level. It grows in grassland and open woodland.

PRODUCTION

Harvesting and Seed Production

They are used in the dry season.

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