PLANT FACT SHEET

Helichrysum stoechas (L.) Moench

GENUS *Helichrysum* **FAMILY** Asteraceae

COMMON NAMES Mediterranean strawflower, Curry plant, Shrubby everlasting

EDIBLE PARTS AND USES

Edible parts: Flowers - tea, Medicine

The flowers are dried and used for herbal tea.

DESCRIPTION

A small shrub. It grows 50 cm tall and 1 m wide. The leaves are greyish green. They are spoon shaped and 2 cm long. The flowers are small round and yellow.

HABITAT

It is a Mediterranean or subtropical plant.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a5e9ba8c-8763-4d35-890f-a52299073c5f