PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Edibility uncertain

It has not been confirmed that this plant is safe to eat. Do not eat it on the strength of this fact sheet alone.

Kaempferia marginata Carey ex Roscoe

GENUS *Kaempferia* **FAMILY** Zingiberaceae

DESCRIPTION

A ginger family herb. The rhizomes form tubers. The yellow ones inside are toxic and the white ones are not. There are usually 2 leaves spreading flat on the ground. The leaves are purple-brown and green underneath. They are 8-11 cm long by 6-9 cm wide. The flowers are on the ends of false stems.

HABITAT

It is a subtropical plant.

REFERENCES

Ragsasilp, A., et al, 2022, Ethnobotany of Zingiberaceae for the Phu Thai Ethnic Group in Nakhon Phanom Province, Thailand. Engineering access Vol. 8, No. 2 July-December 2022

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a5f49864-28f4-48bf-a05e-ec129766d6fb