PLANT FACT SHEET

Phyllostachys nigra var. henonis (Mitford) Stapf ex Rendle

GENUS *Phyllostachys* **FAMILY** Poaceae

COMMON NAMES Henon bamboo, Golden bamboo

EDIBLE PARTS AND USES

Edible parts: Shoots

The shoots are cooked and eaten. The cooking water is changed.

DESCRIPTION

A bamboo. It grows 10-14 m high. The middle internodes are 34 cm long. They are green.

HABITAT

It is a temperate plant. In central China it is cultivated on hillsides below 1,400 m. In Sichuan and Yunnan.

PRODUCTION

Harvesting and Seed Production

In China the shoots are harvested in May. The shoots weigh between 0.5-2 kg.

REFERENCES

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 47

http://www.plantnames.unimelb.edu.au/sorting/Bamboos_Edible.html

Hu, Shiu-ying, 2005, Food Plants of China. The Chinese University Press. p 295

J. Linn. Soc., Bot. 36:443. 1904

Luo, B., et al, 2019, Wild edible plants collected by Hani from terraced rice paddy agroecosystem in Honghe Prefecture, Yunnan, China. Journal of Ethnobiology and Ethnomedicine 15:56

Tanaka,

Young, 1961,

Yang, Y., et al, A review of bamboo resources in Yunnan, China www.bioversityinternational.org

Zeven, A. C. & de West, J. M. J., 1982, Dictionary of cultivated plants and their regions of diversity. Wageningen. p 38

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a61c72bd-c637-4d51-a63f-1f8308249673