PLANT FACT SHEET

Lapeirousia plicata (Jacq.) Diels

GENUS *Lapeirousia* **FAMILY** Iridaceae

EDIBLE PARTS AND USES

Edible parts: Corm, Bulb, Root

The corm or bulb is eaten as a snack and as a vegetable.

DESCRIPTION

A corm or bulb plant. It grows 10-15 cm tall. The corm is 3-5 cm across. The coating of the corm is brown and with wavy edges. The leaves are narrow and ribbed. The flowers are in a tuft at the base. They are pale blue to white.

HABITAT

It is a subtropical plant.

REFERENCES

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 67

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a61f8c2b-f38e-409a-aa8a-5ccd3af0e839