PLANT FACT SHEET

Gomphogyne cissiformis Griffith

GENUS *Gomphogyne* **FAMILY** Cucurbitaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

The leaves are cooked as a vegetable

DESCRIPTION

A pumpkin family herb. The stems can be slightly hairy. The leaves have leaflets. The middle leaflet is 4-6 cm long by 1.5-2 cm wide. The side leaflets are shorter. The fruit are pale green and shaped like a top. They are 12-16 mm long by 8-11 mm wide.

HABITAT

It is a subtropical plant. It grows in the mountains between 2,100-2,800 m above sea level.

REFERENCES

Flora of China

Kayang, H., 2007, Tribal knowledge on wild edible plants of Meghalaya, Northeast India. Indian Journal of Traditional Knowledge. Vol. 6(1), January 2007, pp. 177-181

Seal, T., et al, 2014, Nutritional potential of wild edible fruits traditionally used by the local people of Meghalaya state in India. Indian Journal of Natural Products and Resources. Vol. 5(4) December 2014 pp. 359-364

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a63509ec-37d4-4a13-a8bc-439df00305b4