PLANT FACT SHEET

Justicia heterocarpa T. Anderson

GENUS *Justicia* **FAMILY** Acanthaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked and eaten.

DESCRIPTION

An erect herb. It is hairy and grows each year from seed. The stems are 60 cm long and have ribs. The leaves are opposite and oval. They have soft hairs. The flowers are white or pink with darker marks. There are bracts around the flowers. The fruit are dry capsules.

HABITAT

It is a tropical plant. It grows in dry grassland. It is often under shade.

PRODUCTION

Cultivation

Plants can be grown by seeds or cuttings.

Harvesting and Seed Production

Leaves are collected during the rainy season.

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