PLANT FACT SHEET

Ilex kingiana Cockerell

GENUS *Ilex* **FAMILY** Aquifoliaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A small tree. It grows 4-5 m tall. It keeps its leaves throughout the year. The leaves are simple and alternate. They are sword shaped with teeth along the edge. The flowers are white and cross shaped. The fruit are red.

HABITAT

It is a temperate to subtropical plant. In Nepal it grows between 1,500-2,100 m above sea level. It suits hardiness zone 7 and above.

PRODUCTION

Harvesting and Seed Production

In Sikkim fruit are available in October.

REFERENCES

Singh, V. B., et al, (Ed.) Horticulture for Sustainable Income and Environmental Protection. Vol. 1 p 217 (As Ilex insignis)

Sundriyal, M., et al, 2004, Dietary Use of Wild Plant Resources in the Sikkim Himalaya, India. Economic Botany 58(4) pp 626-638 (As Ilex insignis)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a69ac34f-4ffb-448a-9933-908885b989f5