PLANT FACT SHEET

Seddera latifolia Hochst. & Steud.

GENUS *Seddera* **FAMILY** Convolvulaceae

EDIBLE PARTS AND USES

Edible parts: Plant - drink

DESCRIPTION

A small shrub. It grows about 30 cm tall. It has a woody base. Young stems and leaves are hairy. The leaves are narrowly oval and 4-27 mm long. They are round at both ends. The flowers occur singly near the ends of the branches.

HABITAT

It is a tropical plant. It suits desert and dry areas.

REFERENCES

Mutie, F. M., et al, 2023, Important Medicinal and Food Taxa (Orders and Families) in Kenya, Based on Three Quantitative Approaches. Plants 2023, 12, 1145

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a6faeea3-6fac-4823-b71e-de17fec05732