PLANT FACT SHEET

# *Cyphostemma sandersonii* (Harvey) Descoings

**GENUS** *Cyphostemma* **FAMILY** Vitaceae

## EDIBLE PARTS AND USES

**Edible parts:** Fruit

The fruit are eaten raw.

## DESCRIPTION

A herb. It lies along the ground or can be climbing. It keeps growing from year to year. The stems are reddish with tendrils at the nodes. The leaves are compound with 3-5 leaflets spread out like fingers on a hand. The fruit are in groups and turn red to black when ripe. They are slightly pointed. They contain a large seed.

## HABITAT

It is a subtropical plant. It grows in hot arid places. It grows between 1,200-1,400 m above sea level. It can grow in arid places.

## REFERENCES


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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/a6fea0c7-9482-4328-adc1-a2b03281db9f