PLANT FACT SHEET

Salicornia perennans Willd.

GENUS *Salicornia* **FAMILY** Amaranthaceae

EDIBLE PARTS AND USES

Edible parts: Stems

The young stems are boiled and dressed with olive oil. They are also pickled and fried.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Biscotti, N. et al, 2018, The traditional food use of wild vegetables in Apulia (Italy) in the light of Italian ethnobotanical literature. Italian Botanist 5:1-24

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a7307b77-6daa-4847-9b4b-5eb801e6ee74