PLANT FACT SHEET

Sedum hispanicum L.

GENUS *Sedum* **FAMILY** Crassulaceae

COMMON NAMES White stonecrop

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten raw or cooked. They are also used for flavouring.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

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http://www.botanic-gardens-ljubljana.com/en/plants

Orhan, I., et al., 2009, Antiviral activity and cytotoxicity of the lipophilic extracts of various edible plants and their fatty acids. Food Chemistry 115: 701-705

Redzic, S. & Ferrier, J., 2014, The Use of Wild Plants for Human Nutrition During a War: Eastern Bosnia (Western Balkans). Chapter 9 in A. Pieroni, C. L. Quave (eds.), Ethnobotany and Biocultural Diversities in the Balkans,Springer Science

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a731811e-990b-4d2a-aed9-cfa7efdefe16