PLANT FACT SHEET

Symphyotrichum cordifolium (L.) G. L. Nesom

GENUS *Symphyotrichum* **FAMILY** Asteraceae

COMMON NAMES Blue wood aster, Heart leaf aster

EDIBLE PARTS AND USES

Edible parts: Leaves, Flowers

DESCRIPTION

A small plant that forms clumps. It keeps growing from year to year. It grows 0.6-1.5 m high and spreads 45 cm wide. The leaves are heart shaped or round and have long stalks. The leaves are 12 cm long. The flower-heads are 2 cm across and blue in loose panicles 25 cm across. There are yellow disk florets.

HABITAT

It is a temperate plant. It suits moist, moderately fertile soil and in part shade. It grows up to 1,200 m above sea level.

PRODUCTION

Cultivation

Plants can be grown from seeds or cuttings.

NOTES

There are about 250 Aster species.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a74e2470-980a-44cc-b612-5111bb3d7310