PLANT FACT SHEET

Tragia pungens (Forssk.) Muell.-Arg.

GENUS *Tragia* **FAMILY** Euphorbiaceae

COMMON NAMES Sese

EDIBLE PARTS AND USES

Edible parts: Leaves, Fruit, Medicine

The ripe fruit are eaten raw.

DESCRIPTION

A climbing shrub. The stems can be 2 m long.

HABITAT

It is a tropical plant. It grows in the desert. It tends to grow between 900-2,000 m above sea level.

REFERENCES

Biri, A., et al, 2024, Ethnobotanical study of wild edible plants in Arsi Robe district of East Arsi Zone, Ethiopia. Journal of Ethnobiology and Ethnomedicine. 20:70

Demise, S. & Asfaw, Z., 2020, Ethno Botanical Study of Wild Edible Plants in Adola District, Southern, Ethiopia. International Journal of Research and Analytical Reviews (IJRAR) 7(2).

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a7512761-b4a5-421e-a81e-d35c39b3a973