PLANT FACT SHEET

Trachyandra ciliata (L.f.) Kunth

GENUS *Trachyandra* **FAMILY** Asphodelaceae

COMMON NAMES Veldkool

EDIBLE PARTS AND USES

Edible parts: bud, Leaves

The flower buds are cooked in stew.
The leaves are cooked and eaten.

DESCRIPTION

An onion like plant. It is erect and hairy and has a rhizome. It grows 50 cm tall. The roots are spindle shaped and often swollen and spongy. The leaves are narrow. The flowers are in branched groups in the axils of leaves. The flowers are 10 mm long and white and hairy. They are on slender stalks. The fruit is oval or round and a slightly fleshy capsule. The seeds are black.

HABITAT

It is a tropical plant. It is usually near the coast on sandy soils.

NOTES

Also put in the family Asphodelaceae.

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