PLANT FACT SHEET

Elaeocarpus sylvestris (Lour.) Poir

GENUS *Elaeocarpus* **FAMILY** Elaeocarpaceae

COMMON NAMES Yeung Shi Ue Shue, Shan du ying

EDIBLE PARTS AND USES

Edible parts: Fruit

The ripe fruit are eaten raw.

DESCRIPTION

A tree. It grows up to 15 m tall. The leaves are oval and 4-12 cm long by 2-7 cm wide. The fruit is oval and 1-1.2 cm long by 0.7 cm wide. It is black.

HABITAT

A tropical plant. It grows in evergreen forests between 300 and 2000 m altitude in southern China. In Sichuan and Yunnan.

PRODUCTION

Harvesting and Seed Production

In China plants flower in April to May and fruit May to August.

NOTES

There are about 360 Elaeocarpus species mostly in the tropics.

REFERENCES

Altschul, S.V.R., 1973, Drugs and Foods from Little-known Plants. Notes in Harvard University Herbaria. Harvard Univ. Press. Massachusetts. no. 2685

Kuo, W. H. J., (Ed.) Taiwan's Ethnobotanical Database (1900-2000), http://tk.agron.ntu.edu.tw/ethnobot/DB1.htm

Luo, B., et al, 2019, Wild edible plants collected by Hani from terraced rice paddy agroecosystem in Honghe Prefecture, Yunnan, China. Journal of Ethnobiology and Ethnomedicine 15:56 (As Elaeocarpus decipiens)

Reis, S. V. and Lipp, F. L., 1982, New Plant Sources for Drugs and Foods from the New York Botanical Garden herbarium. Harvard. p 175

Tang ya, Phengklai, C., Elaeocarpaceae, Flora of China.

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a7c968d3-0536-4b3d-ba6d-4af7ca1761f8