PLANT FACT SHEET

Phaseolus metcalfei Wooton & Standl.

GENUS *Phaseolus* **FAMILY** Fabaceae

COMMON NAMES Metcalfe bean, Prairie bean, Wild cocomeca

EDIBLE PARTS AND USES

Edible parts: Seeds, Pods

The seeds are cooked and eaten.
The young pods are also eaten.
The roots are used as a catalyst for making an alcoholic drink. Caution: Alcohol is a cause of cancer.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant. It can grow in arid places.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a7e18dd4-5863-4628-b6c1-612cffe1b56f