PLANT FACT SHEET

Zingiber roseum (Roxb.) Roscoe

GENUS *Zingiber* **FAMILY** Zingiberaceae

COMMON NAMES Indian ginger

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

The leaves are cooked and eaten as a vegetable.

DESCRIPTION

A ginger herb. The false stems are about 1.5 m tall. The leaves do not have leaf stalks. The leaves are oblong and 30 cm long by 3-5 cm wide. They are hairy underneath. The flowering shoots arises from the rhizome. It is oval and 6 cm long. The bracts are red and the flowers are white and red.

HABITAT

It is a tropical plant. It grows in moist places in forests at about 900 m above sea level in southern China. In Yunnan.

PRODUCTION

Cultivation

Plants can be grown by division of the rhizome.

REFERENCES

Sukarya, D. G., (Ed.) 2013, 3,500 Plant Species of the Botanic Gardens of Indonesia. LIPI p 1145

Xu, You-Kai, et al, 2004, Wild Vegetable Resources and Market Survey in Xishuangbanna, Southwest China. Economic Botany. 58(4): 647-667.

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