PLANT FACT SHEET

Wurfbainia longiligularis (T. L. Wu) Skornick. & A. D. Poulsen

GENUS *Wurfbainia* **FAMILY** Zingiberaceae

EDIBLE PARTS AND USES

Edible parts: bud, Shoots, Seeds, Vegetable

DESCRIPTION

A ginger family herb. It is 1-1.5 m tall. The ligule is 2-4.5 cm long The leaves are narrowly sword shaped and 20-30 cm long by 3 cm wide. The flower spike is 1-3 cm long. They are white with yellow tips. The fruit is an oval capsule 2 cm long by 1 cm wide. It is 3 angled. The seeds are purple brown.

HABITAT

It is a tropical plant. It grows in forests.

REFERENCES

Sang, D. T., & Mizoue, K. O. N., 2012, Use of Edible Forest Plants among Indigenous Ethnic Minorities in Cat Tien Biosphere Reserve, Vietnam. Asian Journal of Biodiversity Vol. 3 (1), p 23-49 (As Amomum longigulare)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a8333a05-e54b-40a0-99d9-713f9ae71f08