PLANT FACT SHEET

Viola renifolia A. Gray

GENUS *Viola* **FAMILY** Violaceae

COMMON NAMES Kidney-leaved violet

EDIBLE PARTS AND USES

Edible parts: Flowers, Leaves

DESCRIPTION

The leaves are kidney shaped. They have blunt tips and wavy edges with teeth. The flowers are on slender leafless stems. The flowers are small and white. The lower petals have purple veins. The seed capsule is long and purple. They split open when ripe. The seeds are brown.

HABITAT

It grows in damp shaded woodlands.

REFERENCES

Scotter, G. W., & Flygare, H., 1993, Wildflowers of the Canadian Rockies. Hurtig. p 28

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a84773c0-b635-4041-bbbe-a8893675c193