PLANT FACT SHEET

Sagittaria lancifolia subsp. media (Micheli) Bogin.

GENUS *Sagittaria* **FAMILY** Alismataceae

COMMON NAMES Arrowhead, Duck potato

EDIBLE PARTS AND USES

Edible parts: Tubers, Root, Shoots

DESCRIPTION

A plant that grows in swamps. It has tubers. It keeps growing from year to year. The leaves are long and narrow. The flowers have 3 green sepals and 3 white petals.

HABITAT

It grows in water, swamps and muddy banks.

REFERENCES

Loughmiller, C & L., 1985, Texas Wildflowers. A Field Guide. University of Texas, Austin. p 2 (As Sagittaria falcata)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a8801aed-1394-4a0f-86de-0ee47c2ef9f2