PLANT FACT SHEET

Mesembryanthemum nodiflorum L.

GENUS *Mesembryanthemum* **FAMILY** Aizoaceae

COMMON NAMES Iceplant

EDIBLE PARTS AND USES

Edible parts: Seeds, Cereal

The seeds are dried and then ground into flour to make bread.

DESCRIPTION

A herb. It lies along the ground. It grows each year from seeds. It is succulent.

HABITAT

It is a Mediterranean plant. It can grow in salty soils. It can grow in arid places.

NOTES

Also put in the family Mesembryanthemaceae.

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