PLANT FACT SHEET

Allium bisceptrum S. Watson

GENUS *Allium* **FAMILY** Amaryllidaceae

COMMON NAMES Aspen onion, Two-stemmed onion

EDIBLE PARTS AND USES

Edible parts: Flowers, Leaves, Root, Bulb, Seeds

The bulbs are eaten raw or cooked.
The leaves are eaten raw or cooked.
The flowers are used raw or to flavour salads.
The seed heads can be placed in hot ashes for a few minutes, then the seeds extracted and eaten.

DESCRIPTION

An onion family plant. A bulb plant. It grows to 30 cm high. The bulbs are 10-15 mm wide.

HABITAT

It grows naturally in Western North America from Oregon to California. It occurs in meadows and aspen groves, occasionally on open slopes.

PRODUCTION

Cultivation

Plants can be grown from seed or by division of clumps. Bulbs should be planted fairly deeply.

NOTES

There are about 300-700 Allium species. Most species of Allium are edible (Flora of China). All alliums are edible but they may not all be worth eating!
They have also been put in the family Alliaceae.

REFERENCES

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PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a88e2746-949f-4ace-9a90-556e5ac557c6