PLANT FACT SHEET

Impatiens bracteolata Hook.f.

GENUS *Impatiens* **FAMILY** Balsaminaceae

EDIBLE PARTS AND USES

Edible parts: Shoots

The young shoots are cooked and eaten as a vegetable.

DESCRIPTION

A herb.

HABITAT

It is a subtropical plant. n

REFERENCES

Taram, M., et al, 2018, Wild Food Plant Resources of Komkar Adi Tribe of Upper Siang District in Arunachal Pradesh, India. Bulletin of Arunachal Forest Research, Vol. 33(2), 27-35

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a8b285ed-bac4-4c86-b53f-941d45a0a8ac