PLANT FACT SHEET

# *Cynanchum abyssinicum* Decaisne

**GENUS** *Cynanchum* **FAMILY** Apocynaceae

## EDIBLE PARTS AND USES

**Edible parts:** Leaves - flavouring, Root - juice

The leaves are used to make a relish. They are also used for tea.
The root is chewed and the juice swallowed.

## DESCRIPTION

A plant that climbs. It is twining. It is 3-4 m tall. The leaves are narrowly oval and 3-7 cm long by 1-2 cm wide. They are slightly hairy above. The flowers are in clusters. The fruit are follicles 6-7 cm long by 1 cm wide. They taper to the tip. The seeds are brown.

## HABITAT

It is a tropical plant. It grows on the edges of forests and in savanna. It grows between 1,600-2,600 m above sea level.

## NOTES

Also put in the family Asclepiadaceae.

## REFERENCES


Ferns Useful Tropical Plants.

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Liede, S., 1996, A revision of the Cynanchum (Asclepiadaceae) in Africa. Annals of the Missouri Botanical Gardens. 83(3): 287



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