PLANT FACT SHEET

Taraxacum taraxacoides (Hoppe & Hornsch.) Willk.

GENUS *Taraxacum* **FAMILY** Asteraceae

COMMON NAMES Hairy hawkbit

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves at the base are eaten raw in salads or in stews.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Otway, C., Edible Weeds and Foraging around Perth, Australia. Terra Perma. p 4 (As Leontodon taraxacoides)
Tardio, J., et al, Ethnobotanical review of wild edible plants in Spain. Botanical J. Linnean Soc. 152 (2006), 27-71 (As Leontodon taraxacoides)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a8f7880e-9bef-4e68-916e-b1e8bb1a4472