PLANT FACT SHEET

Viola philippica var. philippica

GENUS *Viola* **FAMILY** Violaceae

COMMON NAMES Purple ground-nail

EDIBLE PARTS AND USES

Edible parts: Leaves

The young plants are eaten.

DESCRIPTION

A herb without a stem. It keeps growing from year to year. It has a stout taproot. The leaves are narrowly sword shaped. They are 2-6 cm long by 5-10 mm wide. There are shallow teeth. The flowers occur singly and are violet. They are on stalks longer than the leaf stalks. The fruit is a capsule 7-10 mm long.

HABITAT

It is a temperate plant. It grows in north-eastern China.

NOTES

It most likely has anti-HIV properties.

REFERENCES

Hu, Shiu-ying, 2005, Food Plants of China. The Chinese University Press. p 563 (As Viola yedoensis)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a976347c-a929-4bae-a18a-4e385ea59b8f