PLANT FACT SHEET

**Edibility uncertain**

It has not been confirmed that this plant is safe to eat. Do not eat it on the strength of this fact sheet alone.

# *Howea belmoreana* (C. Moore & F. Muell.) Becc.

**GENUS** *Howea* **FAMILY** Arecaceae

**COMMON NAMES** Curly palm, Belmore sentry palm, Kentua palm

## EDIBLE PARTS AND USES

**Edible parts:** Fruit

## DESCRIPTION

A palm. It grows about 12 m tall. It has about 36 leaves and the crown spreads 2-3 m across.

## HABITAT

It is a tropical plant. It tends to grow inland between 50-400 m above sea level.

**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/a98b260a-35ee-4c66-a6ba-90d161af36c8