PLANT FACT SHEET

Orbivestus cinerascens (Sch.Bip.) H. Rob.

GENUS *Orbivestus* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

DESCRIPTION

A small shrub. It grows 1.3 m tall. There are several stiff woody stems. There can be 1 or several leaves in a group from cushions. The leaves are 4.5 cm long by 1.2 cm wide. They are narrowly oval.

HABITAT

It is a tropical plant. It grows in savanna at low altitude.

REFERENCES

INFOODSUpdatedFGU-list.xls (As Vernonia cinerascens)

Reis, S. V. and Lipp, F. L., 1982, New Plant Sources for Drugs and Foods from the New York Botanical Garden herbarium. Harvard. p 309 (As Vernonia cinerascens)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a9c12194-73b2-4d53-83f7-fd9e9a18eb65