PLANT FACT SHEET

Allium ruhmerianum Asch.

GENUS *Allium* **FAMILY** Amaryllidaceae

EDIBLE PARTS AND USES

Edible parts: Flowers, Leaves, Root, Bulb

The bulb is eaten raw or cooked.
The leaves are eaten raw or cooked.
The flowers are used to garnish salads.

DESCRIPTION

An onion family plant.

HABITAT

It is a Mediterranean plant.

PRODUCTION

Cultivation

Plants can be grown from seeds or division of the clump.

NOTES

There are about 300-700 Allium species. Most species of Allium are edible (Flora of China). All alliums are edible but they may not all be worth eating! They have also been put in the family Alliaceae.

REFERENCES

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.pfaf.org

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a9eeb2f9-95be-47a7-b020-0a067652b5e9