PLANT FACT SHEET

# *Scrophularia umbrosa* Dumort.

**GENUS** *Scrophularia* **FAMILY** Scrophulariaceae

**COMMON NAMES** Water betony

## EDIBLE PARTS AND USES

**Edible parts:** Root

## DESCRIPTION

A herb. It grows 50-130 cm tall. The stems are 4 sided and 8 mm across. They have narrow wings and a white pith that becomes hollow with age. The leaf stalks are 5 cm long. The leaves are oval and 7-10 cm long with shallow teeth along the edge. The flowers are green, purplish yellow or brown.

## HABITAT

It is a temperate plant. It grows in forests and along streams between 900-1,700 m above sea level in western China.

## REFERENCES


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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/a9f9c12b-13c5-484d-b840-4c218f76a5c2