PLANT FACT SHEET

Clinostigma harlandii Becc.

GENUS *Clinostigma* **FAMILY** Arecaceae

COMMON NAMES Ngami igh

EDIBLE PARTS AND USES

Edible parts: Fruit, Palm heart, Cabbage

Fruit eaten, Palm heart eaten.

DESCRIPTION

A solitary palm. It grows 28 m high. The trunk is 25 cm across. The trunk is green with white rings of leaf base scars. The trunk becomes grey. It has a ring of 2 m high stilt roots at the base. The crown-shaft is 1.3 m long and bulges at the base. The leaves are finely divided. The crown-shaft is prominent. It is light yellow or orange. The leaves are arching. They are 5 m long and the leaf stalk is 60 cm long. The leaflets hang down making the crown circular. The leaflets are regularly spaced and deep green. They have long tips. The fruit are small and round. They are deep red when ripe.

HABITAT

It is a tropical plant. They cannot tolerate frost. They need moisture and humidity. They do not like alkaline soils. They like shade when young. They do not suit hot or dry climates. It grows in the rainforest between 425 to 1500 m altitude in Vanuatu. In the Cairns Botanical Gardens.

NOTES

There are 13 Clinostigma species palms in the Pacific.

PICTURES



Credit: Food Plants International (Bruce French)



Credit: Food Plants International (Bruce French)

REFERENCES

Dowe, J.L., 1989, Palms of the South-West Pacific. Palm and Cycad Society of Australia. p 101, 183

Haynes, J., & McLaughlin, J., 2000, Edible palms and Their Uses. University of Florida Fact sheet MCDE-00-50-1 p 5

Johnson, D.V., 1998, Tropical palms. Non-wood Forest products 10. FAO Rome. p 79

Jones, D.L., 2000, Palms of Australia 3rd edition. Reed/New Holland. p 146 (Genus)

Lebot, V. & Sam, C., Green desert or 'all you can eat'? How diverse and edible was the flora of Vanuatu before human introductions?. Terra australis 52 p 409

Riffle, R.L. & Craft, P., 2003, An Encyclopedia of Cultivated Palms. Timber Press. p 306

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/aa36413a-796e-4bb5-b4f5-d0a08ebae15c