PLANT FACT SHEET

Heuchera americana L.

GENUS *Heuchera* **FAMILY** Saxifragaceae

COMMON NAMES American alumroot, Rock geranium

EDIBLE PARTS AND USES

Edible parts: Roots, Leaves

The leaves are sour but added in small amounts to salads.

DESCRIPTION

An evergreen herb that keeps growing from year to year. It has rhizomes or underground stems. The shoots are 30-1.2 m tall. The leaves have long stalks. The leaves grow in rings. They have 5-9 lobes that are broadly oval or heart shaped. Leaves turn red in cooler weather. The flowers are very small and green or cream. They are in narrow loose panicles. The plants form mounds 60 cm across.

HABITAT

It is a temperate plant. It grows in rich woods and on rocky slopes. It suits hardiness zones 4-8.

REFERENCES

Jackes, D. A., Edible Forest Gardens

MacKinnon, A., et al, 2009, Edible & Medicinal Plants of Canada. Lone Pine. p 219

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/aaa59ee3-2827-4207-bf4b-55ae04a45529