PLANT FACT SHEET

Ephedra antisyphilitica Berland. ex C. A. Mey.

GENUS *Ephedra* **FAMILY** Ephedraceae

COMMON NAMES California desert tea, Erect ephedra

EDIBLE PARTS AND USES

Edible parts: Seeds

The seeds are ground into flour to make bread.

DESCRIPTION

A shrub.

HABITAT

It is a subtropical plant.

REFERENCES

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 336

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/aaaa63f4-def4-467f-85f2-e50601bd0ef0