PLANT FACT SHEET

Mnesithea rottboellioides (R. Br.) de Koning & Sosef

GENUS *Mnesithea* **FAMILY** Poaceae

COMMON NAMES Northern cane grass

EDIBLE PARTS AND USES

Edible parts: Stems, Rhizomes, Root

The stems are chewed for the sweet sap.
The rhizomes are roasted and eaten.

DESCRIPTION

A tufted grass. It has underground stems or rhizomes. It keeps growing from year to year. It grows 1-3.5 m high. The leaves are 50 cm long and 2 cm wide. The flowers are green.

HABITAT

A tropical plant. It grows near the sea. It grows on sands, creeks, swamps and around sandstone boulders.

NOTES

There are 6 Mnesithea species.

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