PLANT FACT SHEET

Polygonatum graminifolium Hook.

GENUS *Polygonatum* **FAMILY** Asparagaceae

EDIBLE PARTS AND USES

Edible parts: Shoots

Young shoots and leaves are occasionally cooked and eaten as a vegetable.

DESCRIPTION

A herb that keeps growing from year to year. It has a rhizome or underground stem. The above ground stem is 5-10 cm tall. The leaves are narrowly sword shaped and pairs or groups of 3-5. The flowers can be single or in pairs. They are purplish-pink.

HABITAT

It is a subtropical plant. It grows between 3,300-4,000 m above sea level. It grows in open meadows.

REFERENCES

Chaudhary, R.P. (Ed.), et al, 2021, Flora of Jailash Sacred Landscape Nepal. An Annonated Checklist - Volume 1 Research Centre for Applied Science and Technology (RECAST), Tribhuvan University, Kirtipur, Kathmandu, Nepal. p 92

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ab2f80e3-521b-4da9-8352-54e01a59fad3