PLANT FACT SHEET

Claytonia tuberosa Pallas ex Willdenow

GENUS *Claytonia* **FAMILY** Montiaceae

COMMON NAMES Tuberous spring beauty

EDIBLE PARTS AND USES

Edible parts: Flowers, Leaves, Root

The tubers are eaten raw. It can be eaten alone or with seal oil. It is also added to soup.
They are mostly cooked and eaten in stews.
The leaves near the base are eaten raw or cooked along with other greens.
The flowers can be eaten raw.

DESCRIPTION

A herb that keeps growing from year to year. The tuberous root is 1-3 cm across. The tubers are small and deeply buried. The stems are 15-25 cm long. It is similar to Claytonia virginica. Each stem has one pair of narrow opposite leaves. There is also 1-3 thin stalked leaves near the base. The flowers are in groups of 2-7 at the top of the shoots. Each flower has 5 white petals.

HABITAT

It is a cold temperate plant. It grows in Kamchatka and eastern Siberia. In Alaska it grows in alpine regions in marshy, wet places.

NOTES

They have also been put in the family Portulacaceae.

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