PLANT FACT SHEET

Heuchera cylindrica Douglas ex Hook.

GENUS *Heuchera* **FAMILY** Saxifragaceae

COMMON NAMES Alum root

EDIBLE PARTS AND USES

Edible parts: Leaves - tea

The leaves are used to make a tea drink.

DESCRIPTION

A small plant. It forms mounds. It grows 30-50 cm high and spreads 30 cm wide. It keeps growing from year to year. The leaves are dark green. They are broadly oval and have deep round lobes. The leaves are often hairy. They are 2.5-8 cm long. The edges are scalloped and there are metallic paler green mottles on the leaves. The flowers are greenish or pink. They occur on leafless stems in summer. The flower panicles are 15 cm long.

HABITAT

It is a temperate plant. It grows in mountains. It is frost hardy.

NOTES

There are 50 Heucheria species. They grow in North America.

PICTURES



Credit: Food Plants International (Bruce French)

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PROVIDED BY **Food Plants International**

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ac046845-41cd-4c17-9bd8-9fa323ffe607