PLANT FACT SHEET

Picris hieracioides subsp. spinulosa (Guss.) Arcang.

GENUS *Picris* **FAMILY** Asteraceae

COMMON NAMES Hawkweed oxtongue

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked.

DESCRIPTION

A herb. The flowers are yellow.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Geraci, A., et al, 2018, The wild taxa utilized as vegetables in Sicily (Italy): a traditional component of the Mediterranean diet. Journal of Ethnobiology and Ethnomedicine (2018) 14:14

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ac3273bd-64e9-4516-9957-c8c881590dc0