PLANT FACT SHEET

Fadogia stenophylla Welw. ex Hiern

GENUS *Fadogia* **FAMILY** Rubiaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

The fruit is eaten raw.

DESCRIPTION

A shrubby herb. It keeps growing from year to year. It has a slender, creeping woody rhizome or underground stem. It grows 6-40 cm high. The leaves are in rings. The fruit is round and red and 1 cm across.

HABITAT

It is a tropical plant. It grows in open woodland. It grows between 1,250-2,150 m above sea level. It can withstand bushfires re-growing from the rhizome.

REFERENCES

Ruffo, C. K., Birnie, A. & Tengnas, B., 2002, Edible Wild Plants of Tanzania. RELMA p 321
World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ac8f3187-bed3-435a-ad19-0dab7ac5f824