PLANT FACT SHEET

Limnophila heterophylla (Roxb.) Benth.

GENUS *Limnophila* **FAMILY** Plantaginaceae

COMMON NAMES Fig-wort

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

DESCRIPTION

A herb that grows under water. The stems are slender and smooth. The leaves are opposite or in rings. They are narrowly oblong with teeth along the edge. There are 10-15 in a ring. The flowers do not have stalks and are in the axils of leaves. They occur singly. The petals are pale mauve with purple streaks. They have a slender tube. The fruit are oval capsules. There are many seeds.

HABITAT

It is a tropical plant. It grows in swamps and wet rice fields and freshwater.

PRODUCTION

Cultivation

Plants can be grown from seeds or fragments of the stem.

NOTES

There are about 35 Limnophila species.
Also put in the family Scrophulariaceae.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/aca25830-6f29-45a4-8d25-6bba84811899