PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Senecio inaequidens DC.

GENUS *Senecio* **FAMILY** Asteraceae

COMMON NAMES Groundsel

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked as a spinach.
Caution: The leaves contain alkaloids.

DESCRIPTION

A herb. It grows 1 m high. The leaves are very narrow and 4 mm wide. The flowers are in a loose group.

HABITAT

It is a subtropical plant. It grows in lowland and mountain regions. It grows between 1,000-2,850 m above sea level. It grows in areas with an annual rainfall between 50-250 mm. It can grow in arid places.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/aca27368-9234-4cfc-9ed2-b2bd0efe59df