PLANT FACT SHEET

Corylus americana Walter

GENUS *Corylus* **FAMILY** Betulaceae

COMMON NAMES American Hazelnut, American filbert

EDIBLE PARTS AND USES

Edible parts: Nuts, Seeds

The kernels of the nuts are eaten raw or used in soups, breads, cakes and candies.

DESCRIPTION

A deciduous shrub. It grows 3 m tall. The branches are tough and flexible. The leaf stalks and twigs are covered with gland tipped hairs. The oval leaves are larger than Corylus avellana. The leaves have teeth along the edge. Male and female flowers grow on the same plant. The fruit are nuts in a fringed, green husk. The nuts are 12 mm long. They occur in clusters.

HABITAT

It is a temperate plant. They have a cold requirement of about 1000 hours below 7°C for fruit set. Cool, moist summers also assist nut production. It suits hardiness zones 4-8.

PRODUCTION

Cultivation

Plants can be grown from seed or suckers.

NOTES

There are about 15 Corylus species.

PICTURES



Credit: Food Plants International (Bruce French)

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