PLANT FACT SHEET

Abronia latifolia Esch

GENUS *Abronia* **FAMILY** Nyctaginaceae

COMMON NAMES Coastal Sand Verbena, Yellow Sand-verbena

EDIBLE PARTS AND USES

Edible parts: Root, Stems

The long stout root is eaten.

DESCRIPTION

A low perennial plant. It grows 0.1 m high and spreading to 0.5m wide. It is strongly branched. The stems are hairy and lie along the ground. The roots are large and can be 60 cm or more long. The flowers are yellow-green.

HABITAT

It is a temperate plant. It grows on sand dunes and near beaches. It needs well drained soil and full sunlight. It needs a warm sheltered position.

PRODUCTION

Cultivation

Plants are grown from seed. Seed should be pre-soaked for 24 hours in warm water before sowing. Seedlings need good ventilation to avoid damping off. Cuttings can be used.

NOTES

There are 33 Abronia species.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ad09a7f6-0692-4e4d-9281-6bf9e11fb31c