PLANT FACT SHEET

Litsea glaucescens H. B. Kunth

GENUS *Litsea* **FAMILY** Lauraceae

COMMON NAMES Mexican laurel, Glaucescent litsea, Laurel, Laurelillo

EDIBLE PARTS AND USES

Edible parts: Leaves, Leaves - tea

Leaves used for flavouring. They are used in soups, stews and pickles.
The are also used for tea.

DESCRIPTION

A tree.

HABITAT

A tropical plant. It suits the wet tropics.

NOTES

There are 200 or 400 Litsea species.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ad37efc7-bf78-445b-b42c-fec1208812ce