PLANT FACT SHEET

# *Rhodiola imbricata* Edgew.

**GENUS** *Rhodiola* **FAMILY** Crassulaceae

**COMMON NAMES** Rose root

## EDIBLE PARTS AND USES

**Edible parts:** Leaves

The young leaves are crushed and boiled and eaten with curd.

## DESCRIPTION

A herb.

## HABITAT

It is a temperate plant. In the Indian Himalayas it grows between 3,500-5,000 m above sea level.

## REFERENCES


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