PLANT FACT SHEET

Agoseris glauca (Pursh.) Raf.

GENUS *Agoseris* **FAMILY** Asteraceae

COMMON NAMES False dandelion, Pale agoseris, Short-beaked agoseris

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are chewed or crushed to release the latex and the latex is chewed.

DESCRIPTION

A herb. It grows 30 cm tall. It has milky sap. The flowers are yellow. The dry fruit (achenes) have ribbed beaks less than half as long as the body.

HABITAT

It is a temperate plant. It grows in open grassy foothills.

REFERENCES

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Turner, N., 1997, Food Plants of Interior First Peoples. Royal BC Museum Handbook p 96

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ad4a90b8-ed6d-4582-b247-6f033d2e4cc1