PLANT FACT SHEET

Ornithogalum montanum Cirillo

GENUS *Ornithogalum* **FAMILY** Asparagaceae

EDIBLE PARTS AND USES

Edible parts: Bulb, Leaves

The bulbs and leaves are cooked and eaten. The bulbs are also eaten raw. They are also fried or pickled.

DESCRIPTION

A bulb plant.

HABITAT

It is a temperate plant.

REFERENCES

Cakir, E. A., 2017, Traditional knowledge of wild edible plants of Iğdır Province (East Anatolia, Turkey). Acta Soc Bot Pol. 2017;86(4):3568.

Demir, I. & Ayaz, N., 2022, Wild edible plants contributing to the traditional foods of Mardin (Turkey) Province. Indian Journal of Traditional Knowledge Vol 21(3), July 2022, pp 569-582

Ertug, F, Yenen Bitkiler. Resimli Türkiye Florası -I- Flora of Turkey - Ethnobotany supplement

Kayiran, S. D., & Ozkan, E. E., 2017, The ethnobotanical uses of Hyacinthaceae species growing in Turkey and a review of pharmacological activities. Indian Journal of Traditional Knowledge V ol. 16(2), April 2017, pp. 243-250 (Also as Ornithogalum platyphyllum)

Nanagulyan, S., et al, 2020, Wild plants and fungi sold in the markets of Yerevan (Armenia). Journal of Ethnobiology and Ethnomedicine 16:26

Ozbucak, T. B. et al, 2006, The Contribution of Wild Edible Plants to Human Nutrition in the Black Sea Region of Turkey. Ethnobotanical Leaflets 10: 98-103 (As Ornithogalum platyphyllum)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ad88f8b7-405c-49aa-80bb-dd078ae178bd