PLANT FACT SHEET

Cyclosorus aridus (D. Don) Tagawa

GENUS *Cyclosorus* **FAMILY** Thelypteridaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A fern. It grows 50-100 cm tall. It has long creeping rhizomes.

HABITAT

It is a tropical plant.

NOTES

It is used as medicine.

REFERENCES

Chai, T., et al, 2015, Cytotoxicity and Antiglucosidase Potential of Six Selected Edible and Medicinal ferns. Acta Poloniae Pharmaceutica ñ Drug Research, Vol. 72 No. 2 pp. 297- 401. (As Christella arida)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ade7c14e-d9bd-4eda-890f-5c63a77f3333